

CHINOOK



ADVANCE

The Best Wheat and Mixed Farming Lands in Alberta

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CHINOOK PHARMACY

Victrolas

What about a Gramophone this Fall?



We have on hand
Fifteen Machines to
select from, ranging in
price from \$21.00 to
\$137.00.

TONE

That's where the Victrola is pre-eminent. The Victrola brings to you the pure and varied Tones of any musical instrument, and the beauty and individuality of the human voice all absolutely true to life.

RECORDS

We are continually adding the New Ones to our already large stock. Call and hear your favorite music when passing.

CHINOOK PHARMACY
ARM'S BLOCK, CHINOOK

Seasonable Goods

And we are prepared for a Big Rush

with a very large stock in all
Departments

and bought before the big advance in most lines, thus we are prepared to give you goods at the lowest possible prices

See our large range of Men's Shirts, Ties, Boots and Shoes.

Also Ladies' Blouses, Shirt Waists, Ties, Shoes and Pumps.

Fresh Vegetables and Fruit
arriving daily

H. C. Brigginshaw

Breezelets

The \$20 hog is due to play a return engagement at Dexter park, and his cousin the \$19 hog is billed for Calgary.—Herald.

And his uncle—the road hog, is staged to be seen most anywhere on the highways in Alberta at any old time.

"Premier Borden is moving ahead with his cabinet making," says a news heading.

Kind of Sifton out the timber for his cabinet. Will it be a china cabinet—with a Calder pattern?

"The White Sox took the first world series game from New York," was the news flashed over the wires to a breathless crowd on Monday.

"And now the great world-wide war can go on."

\$18.50 for ewe lambs at Chick-a-go, \$14 for aged ewes, and feeders are paying a premium of from 50¢ to a dollar a hundred over the market for thin feeder lambs.—Calgary Herald.

And the "gamboiling lambs" are paying a premium of from 5 to 200 "bucks" for a "chance" to make a fat dividend—out of other lambs.

"Lines untenable. Hun troops moved back from British," was a Saturday's news heading.

It never reads "Huns moved forward." It's always back—back to the Fatherland, where probably most of the Huns wished they had never left.

"Jagow gave Bernstorff all he asked," says a news item.

Bernstorff certainly put the go in Jagow, as far as cash was concerned.

According to a German report the British and French nations are on their last legs.

But the Germans are proving that they are still strong on the leg—by the gait they make while constantly trotting back towards home.

All that's left now of that once famous "scrap of paper" is the scrap.

Horse Sense

THE forms for filling in for report for Military Service were distributed to all classes on Monday, of this week in Chinook, and, we presume, throughout the West. These forms were received by the recipients with various expressions—some in favor and some in hostility with regard to obeying the mandate of the Military Service Act. But it is one of those things that has to be reckoned with, whatever the opinion of the individual may be. It is common knowledge that Sir Wilfrid Laurier is personally dead against this Military Service Act, and did his best against its passing. But when it became law, he expressed his opinion, that the Act becoming a law on our Statute Books, it would be wise to observe it. And many other of its bitterest opponents have expressed the same opinion.

This is but common horse sense, and should be observed by all law-abiding citizens, however they may feel about it. It is a law of the land must be obeyed as such. Otherwise, there will certainly be heaps of trouble for those who intend to obstinately ignore this Act with contempt, for the penalties are strictly severe for such.

It is not enough to say that the normal consumption in Canada of wheat must be reduced at least one quarter and that of beef and bacon by one-third. The responsibility must be impressed upon every man, woman and child in the Dominion. It is not alone the duty of the cities. It is a moral obligation upon you and upon every citizen of Chinook and upon the whole people of the Dominion, without exception.

If you cannot fight you can at least help to feed the fighting men. The people of Belgium suffered, for you; will you not make a small sacrifice for them? France has shed its life blood; will you not eat oatmeal or corn muffins one day in three or four instead of wheat breakfast-food or white rolls, in order to feed France? Great Britain is bearing the brunt of the battle for the Empire; will you not forego pastry occasionally in order that the people of Britain may not hunger? Will you not eat substitutes for white bread for the sake of the boys at the front? Will you save one pound of flour every week? That is the real challenge of food control to you. Remember, if needed food supplies are to be saved, every individual Canadian must see to it that he eats less beef, bacon and wheat flour every day and at every meal.

"Our Day."

A message from His Honor the Lieutenant-Governor, Vice Patron of the Red Cross Society, People of Alberta, once again the British Red Cross Society have appealed to us again for help.

"Not alone are the need of our sick, wounded, and imprisoned sailors and soldiers to be attended to, but also those of our less fortunate Allies, Belgium and Serbia. These numerous calls for assistance have seriously depleted the funds of the Parent Society.

The failure to obtain a liberal respond to the Red Cross appeal will necessitate the restriction and curtailment of the Society's operations at the time when the needs of suffering humanity are much greater than at any previous period of the war.

"Can we, for very humanity's sake, have the Red Cross work hampered for the lack of funds?

"Anxiously Great Britain is awaiting for the answer to this call; waiting for October 18th, when in every corner of the Empire her sons will send their ring answer back across the seas. What will be the answer be of Canada—Canada who has already shown her interpretation of the glory of British citizenship? What will be the answer of Alberta? What, indeed, will be the answer of your community? People of Alberta, do your best for "Our Day."

In compliance with the above appeal, the Chinook Women's Institute are making an effort to raise as much money as possible on the 18th "Our Day." During all the day tea, coffee and refreshments will be served in the Woodruff building, one door south of the pool room. There will be no soliciting. Everyone is expected to make a free-will offering. Butter, fruit, vegetables, &c., in fact, everything will be acceptable. There will be a sale of home made cooking, and any other things that may be donated towards the Red Cross funds.

Horses, cattle, &c., will not be refused, and will be sold for the benefit of the Red Cross. On that day the business places of the town are giving a percentage of their takings towards the same object. Let everyone have a part in this good work, if it is only a small one, in making the day a big success. All the proceeds are to be devoted to the Red Cross

Major Rideout Heard From

"SOMEWHERE IN FRANCE"

In a letter received last week by the editor of this great family journal from Major Rideout, and dated from France, he says:

Lieut. Geo. Shaw (whose home is back of Youngstown) is now a company commander in the 31st, and is doing well. Mack McColl is now in the Scout Section and is O.K. For the last month they have been in as near "hell" as it is possible to be, and it looks as though they were not through with it yet. I am told it is very cold here in the winter, and handling reins, chains and axes is a very cold job in the winter, so that if there are any kind-hearted societies in Chinook who knit mittens, tell them to not forget my teamsters. I am expecting to go to England in December on a ten-day's leave, winter time being the only time I can get leave. I was sorry to hear that Chinook district did not get a bumper crop this year, as I know it would have meant so much to the farmers. I had always hoped to have been back sometime next year, but at the present time the prospects look pretty slim. Is conscription working in Canada yet?

Richard Thomas, of Balsam Bay, Man., aged 83, and Ellen Flett, of St. Andrews, Man., aged 84, were married last week.

Society, who administer to the needs of the suffering and dying whether friend or foe, when they are brought into the various hospitals. Religion and nationality are forgotten in the work of alleviating the sufferings of the wounded and soothing the dying. Truly a noble work, that merits your hearty co-operation. The funds will be sent to our own local Red Cross branch at Calgary. Arrangements are being made to hold a grand concert at night in assembly room at the Chinook school.

For the convenience of those who wish to bring their gifts in before the 18th, they can be left with any of the merchants: or at the building, one door south of the pool hall on the 18th.

Cereal is also making a special appeal on the 18th for the same object, with a pool party and an auction sale of the things donated towards the Red Cross Fund.

MAGIC BAKING POWDER
No ALUM

Organization Needed

High Prices Due in Great Part to Speculation and Manipulation

High prices of foodstuffs are due, partly, to the shortage of food, partly, to waste in handling and partly, to manipulation of supplies and to speculation. It is estimated that 90 per cent of the Canadian farmers sold their wheat last fall at \$1.40 per bushel. Who received the difference in price? The grain companies paid bushel, the price which recently prevailed? Here is work for the food controller or a food dictator. The people are not to be blamed for their manipulation in wheat and in all other food products and would be glad to see the elimination of the speculator. Wherever profits are abnormal and unreasonable they should be confiscated.

Relief for the Depressed.—Physical and mental depression usually have their origin in disordered minds. They are born and live as when their organs are deranged in their action the whole system is affected. Try Parmentier's Vegetable Pills. They relieve the digestive processes, act beneficially on the nervous system, restore the spirits, so no other pills will. They are cheap, simple and sure, and the effects are lasting.

The Height of Freshness
Giant Eggs.—"Are these eggs fresh?"
Giant—"Yes."
"They wouldn't have been laid until tomorrow if I hadn't torn a page two many off the calendar by mistake!"

Minard's Liniment Relieves Neuralgia

Old French Documents Gone

Much of History of Some Regions May Be Lost for Good

A great deal of documentary history of Northern France that was in dusty files of old houses, libraries and museums waiting to be collected has disappeared. Some of it is known to have been burned, while there are hopes a part may yet be recovered from the Germans when peace is declared.

Others were given from the general headquarters of the French army immediately after the evacuation of the region of the Somme by the Germans for a cause seen to affect the safety of the archives of all kinds in the devastated regions. A considerable mass of manuscript has been uncovered from the ruins, including the famous, half torn, half melted, scattered, and partially ruined, of them give clews to important subject matter.

The general result, however, is not considered reassuring by historians who expect great alarm at the disappearance of estimable data. Ancient deeds, parish registers, records of vital statistics that are so important to the everyday transaction of life between French people, historical documents of wider complexion, to say nothing of ancient parchment engravings and books of artistic value, were blown up with churches, castles and public buildings.

What Frightened Him
Betty was milking the cow when the mad bull tore over the meadow. Betty, who had continued milking. Observers who had run into safety saw to their astonishment that the bull stopped dead within a few yards of the maid and cow, turned, and charged again. "What are you?" asked Betty. "Why did you run away?" asked everyone of Betty.

"He got scared," said Betty. "This cow is his mother-in-law. —Good tests.

You can hardly always judge a man's character by what he thinks laughable.

NERVOUSNESS AND BLUES

Symptoms of More Serious Sickness.

Washington Park, Ill.—"I am the mother of four children and have suffered from female trouble, backache, rheumatism, neuralgia, and the blues. My children's loud talking and romping would make me so nervous I could just tear everything to pieces. I have a weak heart, over a fever which I fear will make me want anyone to take care of me at times. Lydia E. Pinkham's Vegetable Compound and Liver Pills restored me to health and I want to thank you for the good they have done me. Lydia E. Pinkham's Vegetable Compound and Liver Pills do not affect my youthful looks. My friends say 'Why do you look so young and well?' I owe it all to the Lydia E. Pinkham remedies."

—Mrs. ROBERT STROPP, Sage Avenue, Washington Park, Illinois.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

W. N. U. 1174

Avoid All Waste

Enormous quantities of food are thrown out daily by stores dealing in perishable goods. Dealers have to allow for this waste in their margin of profit. It is suggested that women's organizations in the various cities and towns arrange to have food and other articles sent to the stores each day and distributed where it will be most appreciated, or sold at cheap prices for the benefit of one of the war funds.

WIRE CUTS

on Horses, Cattle, &c., quickly cured by EGYPTIAN LINIMENT
For Sale at All Dealers
Douglas & Co., Proprietary, Ont.
(Free Sample on Request)

The Cause of Frightfulness

Inane Sophia of the German Military Writers

General Maude in one of his books on military affairs, published long before the war, prophesied the Prussian campaign of frightfulness in the present war. He quoted the German military writers, who held that human suffering was not cumulative; in other words, that no more suffering was caused by killing a thousand men than by killing one. Each such killing was a capital punishment. The practice of war was not more inhuman than the capital execution of a criminal. This "philosophic sophism" provided a complete and pseudoscientific basis for those who defended the bombing of London or the sinking of the Lusitania.

The German soldier could declare that the death of one man would be justifiable if so many could be destroyed and that the suffering of one man was the sum of the suffering of many more than persons were drowned. The theory is typically German in mistaking the fact of the overturning of a case for the cause of a case, and as by the death of a thousand men at the front or wounding of 95,000 men at the front is so mad a sophism that none but Germans could accept it.

Toronto News.

With the Fingers!
Says Corns Lift Out
Without Any Pain

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply on the corn a few drops of freeze, says a Cincinnati physician.

At little cost one can get a small bottle of freeze at any drug store, which will instantly rid one's feet of every corn or callus without pain or any daring enough to investigate them.

Edwin S. Balch, of Philadelphia, who has made a study of the subterranean ice mines as they are calculated to be, has developed the theory evolved by investigators the formation of the caverns is such that the cold air in winter does not penetrate and settle in the caves, but in the spring, the time when the water from spring thaws is seeping through the walls and roof. This water meeting the cold air freezes and so soon approaches the warm summer air at last finds its way into the cave and melts the ice.

When the snow is flying above and feet shake with cold, the ice has gone, and the summer air is at work in the cave and still water bathing might be indulged in by the residents of the community if the summer air begins to lose its heat it is spring again above ground.—Popular Science Monthly.

Time Has Tasted It.—Dr. Thomas' Electric Oil has been on the market upwards of thirty years and in that time it has proved a blessing to many.

It is in high favor throughout Canada, and its excellence has carried its fame beyond the seas. It has no equal in the whole list of liniments. If it were double the price it would be a cheap liniment.

That Guilty High Heel

In a recent issue, The Scientific American tells its readers that during the last ten years 1,400 deaths resulted from the wearing of high heels, fatal injuries being caused by heel catching in step or clotheing and throwing the wearer downstairs. To this figure the author adds 1,000, and the same year a total of 4,000 crippling, including sprains, breaks and permanent strainings. As the hand of humanity has turned against the fly, so must the foot of humanity turn against the high heel.

No surgical operation is necessary in removing corns, if Holloway's Corn Cure be used.

British Controls the Seas

Just as if the Kaiser had never slept at all he was born, the German (imperialistic) cavalry tells the reporters of the Berlin Tagblatt that the British fleet is powerful enough today to justify its claim to the world's ocean. The German fleet is unfit to meet it. Indeed, he goes on to admit that "every intelligent German" knows imperialistic submersion was the only way to conquer the world.

British naval authorities say that the British fleet is "practically" to discuss peace," and, even so, it may take a long time to bring about the desired end.—New York Tribune.

Creased Pants Creator Death

The death of Heribert Koley last

reached the interesting fact that it was this actor who introduced the fashion of creased trousers.

A quarter of a century ago gentlemen wore trousers with a crease in the middle.

The made suit was never delivered until the middle creases had been ironed out of the pant legs. But one evening Koley, astonished at the audience, by the way he could sit in a chair with his legs sharpened like two-edged swords.

The creased galligaskins were

laughed at by the public, and the

teasing dogs being cut in two by

pedestrians, but the crease soon

grew into universal and lasting popularity.—Eastern Argus.

Veal has been barred from the

tables of hotels in the United States.

Value Of Good Roads

They Assist Internal Development and Material Progress

"Good roads have a money value far beyond our ordinary conception," says W. R. Henderson, president of the American Good Roads Association.

Bad roads constitute our greatest drawback to internal development and material progress. Good roads mean prosperous farmers, good roads mean abandoned farms, sparsely settled, with little distinction, good roads mean the poor become poorer.

Good roads mean more cultivated farms and cheaper food products. Bad roads mean poor transportation.

Good roads mean good prices for the necessities of life, loss of told told men and idle workmen. Good roads will help those who cultivate the soil. Whatever aid the producers and farmers give will increase our wealth and our greatness and benefit all the people.

Inhuman Hun Soldiers

"Princess Pat" Survivor Who Saw Crucifixion of Soldiers

Writing from Sandricourt, Oise, France, James H. Baker, a former member of the Tribune staff who started for France in June to enter the American ambulance service with others of the Norton-Harjes organization declares evidence which comes to him from every hand—from ambulance men and soldiers who have been at the front at all times, competent witnesses or have been witnesses themselves, more than bears out assertions he had heard before leaving home concerning Germans.

Letters to Minneapolis friends and to Mr. Baker's mother in Mankato bring descriptions of his journey, his visit in Paris, and then his trip to Sandricourt, where the American ambulance service arrived.

Mr. Baker's letter from her son comes to the Tribune by courtesy of the Mankato Free Press. It follows:

"Dear Friends:

"I am writing to you to tell

you about the crucifixion of

soldiers who have been

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Part Played By France

Stronger Today Than at Any Previous Time During the War

France is stronger today in fighting men and war materials than at any time during the war, despite three years of terrific combat, of which a great share has fallen to the French armies.

This is the cheering message to the American people given by André Tardieu, high commissioner of France in the United States, in formal communication to the *Advertiser*, setting forth a detailed statement of what the devotion of the French people has made possible. It contains striking figures as to the men, guns and ships that have been contributed to the war. It breathes the spirit of confidence and high courage that still animates the nation.

A Tardieu said in his statement that there are under arms one million French troops in the zone of the armies alone, exclusive of those in the zone of the interior and the colonies. That is a million more men than were to be found in the German flood tide at the Marne, the greatest number France has ever mustered in the fighting zone. The commissioner adds that the force can be maintained "for a long time to come."

He shows that French "definite casualties" in killed and prisoners have dropped from 541 per cent. of all mobilized forces at the battle of the Marne to 128 per cent. during the last six months. The French are as good as their word. They have given you their best. As to guns, the commissioner shows that French armies have had an ample supply of the famous 75's from the first, and that in 1916, 1917, and 1918, the number increased to 6,000 in June, 1917, giving one heavy gun for every 26 meters of the French front offensive this year. Including all field and trench guns, he says, there is a gun for every eight meters in the sector of attack.

To feed the 75's the daily output of shells has risen from 13,000 in 1914 to a quarter of a million in 1918, and 100,000 projectiles for the 75's guns are supplied each day in addition. During the last offensive, a total weight of projectiles averaging 1,442 kilograms (about 11-2 tons) was handled in each line of battle. Bertrand Macfadden in August *Physical Culture*.

The Foundation Of Success

Energy Must Be at the Back of Every Effort

How to make money is the problem that confronts nearly every active man today. Rarely is the importance of health in this race for gain thoroughly understood. Knowledge is the sole key to success, but the means of obtaining it, both the necessity for health, energy, enthusiasm, back of the accumulated store of information, is rarely recognized. You who have entered into the race for success, and are reasonably content in it every way, can reasonably remember that you must have a strong body. The time that you spend in the development of mere physical fitness is time and energy wasted. Energy must be back of every effort that you may make to build your fortune. A clear reasoning capacity cannot be secured and maintained unless the blood contains the elements essential to life and health.

Strength of body is really the foundation of a successful career in any line of human endeavor. In order to be successful you must go at your tasks each day with enthusiasm. You must be fired with ambition. You must be spurred on by those thrashing energies that make you feel that you are winning. A man of capacity. Your efforts lack force. You have no firmness of character. In recent years, the country boy who comes to the city, vital, vigorous, energetic and ambitious, has led the way in the race for success. But with the study of health, with the full knowledge of its possibilities in the building of vital vigor, many have been enabled to outdistance the city boy. The particular secret of success that has brought him success has been attained by conscious effort. When you maintain your health at high water mark, you are always available, and are really efficient every day. Opportunity is not to be passed by you. Free from the evils that result from overeating, unspiced by alcohol and tobacco, you are prepared to meet every emergency.

The such the making of money is easy. Riches come to them as a matter of course, if their desire for them is strong enough to encourage the necessary effort. But, however, success is almost sure to have go so far that even the revolutionary council of workmen and soldiers has protested. This was done, but it was done not by incendiary bombs but by deliberate action of "factory committees."

Alone the great Peter's name and status have been spared. Despot as he was, he commands all Russia's respect.

Andreyev and other well-known men of letters and artists have protested against the iconoclasm which goes so far as even to deny history.

No Vestige Of Old Regime To Remain

Russia Abolishing Everything Associated With Czarism

Everything associated with czarism is being ruthlessly abolished, even if the abolition destroys "or profanes" the "sacred associations of names of places and squares taken from Romanoff rulers and grand dukes, giving place to names of revolutionary heroes and to abstract terms expressing the enthusiasm of freedom.

The changes are provoking strange and amusing scenes.

Elaborate names of cities of Czar are proposed. One is "Street of the Eternal Memory of the Martyrs of the Revolution." In many towns are to be seen streets bearing the names of Kaliayev, Gerasimov, other terrorists who assassinated despotic ministers and governors.

In Moscow it has even been proposed to change the "House of Boyar Romanov" which the Romanovs had before the czar ascended the throne, to "House of a Russian Boyard." The brand new port, Town Romanoff, on the Murman coast, has lost its name. Large towns called after emperors and empresses like Peter, Paul, and Anna, have been renamed.

The great was brought him his chance as it did to many another Englishman. Lord Kitchener called upon the railroads of the nation to carry soldiers and supplies unceasingly to the ports of embarkation to the great ports of embarkation. This brought the Slav divisions into line and for the first time Slav was facing Slav, the southern Slav element being thrust forward to meet the north, to be followed by the north.

The North Eastern Railroad did its part so quietly and effectively that the general public did not realize the destruction of the transports and supplies was being done not by incendiary bombs but by deliberate action of "factory committees."

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Police Of Other Lands

The Preservers of Peace Have Their Peculiar Characteristics

It used to be said that each country known by the Jews who live within its borders is safe, and every city can be judged by the character of its policemen. In Christiania the policeman is a mild and amiable citizen in a shiny coat and peaked cap, who stands in the middle of the roadway and tries to maintain some semblance of order in the democratic muddle of the city's traffic.

In Stockholm the policeman is a young man in a shiny coat and a helmet and a brass helmet, and the art of a disorderly person becomes an act of state. There the police man represents the high authority of a proud country.

In Copenhagen the policeman is the happy-go-lucky citizen who patrols the streets of Norway nor is he a creature of resplendent glory like his colleague in Sweden. He strides a happy medium. In this land where the art of sensible and peaceful living seems to have been brought to its highest perfection.

If only the chauffeurs of the Danish cars would be as sensible in their cars, we should not have such a complaint to make against a country where everybody seems well fed, where beggars are as scarce as very rich people, and where the average man has the best tradition of the charming china which made it the royal residence of Denmark—Hendrik Villem Van Loon, in *The Century*.

Products of Coal

Material Extracted Shows That No Waste Occurs in Nature

Coal seems to be rather an interesting subject. Who could imagine that the great ugly black lump could afford anyone a subject worthy of study? And yet this same coal has given civilization many of its greatest possessions. The best coal is a coal worn by worms and is called worm-coal.

In Copenhagen the policeman is the happy-go-lucky citizen who patrols the streets of Norway nor is he a creature of resplendent glory like his colleague in Sweden. He strides a happy medium. In this land where the art of sensible and peaceful living seems to have been brought to its highest perfection.

If only the chauffeurs of the Danish cars would be as sensible in their cars, we should not have such a complaint to make against a country where everybody seems well fed, where beggars are as scarce as very rich people, and where the average man has the best tradition of the charming china which made it the royal residence of Denmark—Hendrik Villem Van Loon, in *The Century*.

Keeping Healthy

Some Simple Rules and a Few Facts

If people will eat good, whole food, simply and thoroughly prepared, will eat because they require food and not because it tastes good, will eat at regular times and take plenty of exercise they will be healthy.

The luxuriant vegetation of these past times, untrammelled by human hands, is the best tradition of the charming china which made it the royal residence of Denmark—Hendrik Villem Van Loon, in *The Century*.

Reducing Wheat Consumption

Canada and the United States must cut down their normal wheat consumption by 160,000 bushels to feed Great Britain, France and the other allies, and the men at the front, with 105,000,000 men.

This means that at least 460,000 will have to be imported from Canada and the United States. There will be under normal consumption in the two countries 160,000 bushels to feed the allies. Hon. W. J. Hauns, Canadian food controller, estimates that to feed Great Britain, France and the other allies, and the men at the front, with 105,000,000 men.

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This

COWAN'S

Almond Nut Bar

A rich, velvety, milk chocolate containing an abundance of plump almonds—a quality that cannot be surpassed.

Sold everywhere.

Made in Canada.

Make Over Wounded Men

American Surgeons to Study Allied Methods for Own Use

Out of one detail of 1,350 wounded men sent for special treatment to a front, according to Maj. J. E. Goldthwait, United States reserve army surgeon who has arrived from Europe, 1,000 of the wounded are twenty American medical officers who have been in France and England studying new methods of treating wounded. He recommends recruiting agents to go up similar lines that the American army may have the benefit of the modern treatment of wounds from its own surgeons.

AN AGE OF WEAK NERVES

"No heart for anything" is the cry of thousands of men and women who might be made well by the new, red Dr. Williams' Pink Pills actually available.

Misery day and night is the lot of hosts of men and women who are today the victims of weak nerves. The new, red Dr. Williams' Pink Pills, which affect all the thousands of cases of nervous disorders brought about by this powerful red restorer, through their fair use of this medicine, thousands of despondent people have been made well and restored to health.

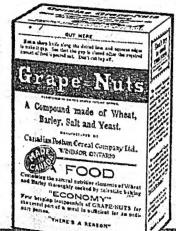
Dr. Williams' Pink Pills are sold by all dealers in medicine, or may be had by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brooklyn, N.Y.

Canada's Amateur Soldiers

During the course of an investigation at Ottawa one of the witnesses, an army officer, maintained that the person in charge of a Canadian hospital abroad should be a professional soldier. Mr. Pardoe, chief Liberal whip, pointed out that in Canada we have no professional army, and with the fact mind Mr. Edward W. Reynolds has contributed to the Canadian Magazine for August an article telling who are the men who, though amateur, have made good as soldiers in the front. He gives sketches of the careers and military exploits of men such as Lieutenant General Currie, Brigadier-General Mercer, Brigadier-General McRae, Lieutenant General MacLennan, Bruce and others who have helped to make the name of Canada famous, not only at the front, but all over the world.

Mag. Wolff, editor of the German Herald, New York, on learning that he was in the first selective draft, declared his intention of asking for no exemption and of his willingness to fight for the Stars and Stripes.

When confiding a man with his good intentions let us remember that in order to get them cussed they must be backed by good deeds.



The wholesome nutrition of wheat and barley in most appetizing form

W. N. U. 1174

Conserving Food Supply

United States Report Summarizes the Wheat Situation, Showing That Stocks are Low.

The United States food administration has made the following statement:

The United States and Canada have a wheat surplus for this year of over 400,000,000 bushels, the amount required from North America for the allied nations and neutrals of Europe, on a basis of normal wheat consumption there, as shown by figures for a three year pre-war period.

The normal requirements of France, Italy, the United Kingdom and Belgium for the pre-war period average 300,000,000 bushels, and of the other allies 245,000,000 bushels. To this should be added the estimated deficiency due to war in their grain production for this year of 196,905,000, and when this is necessary for these countries to import in the next twelve months a total of 577,000,000 bushels of wheat and 400,000,000 bushels of other cereals if normal consumption requirements are to be met.

The estimated wheat surplus for 1917 of the United States is 88,000,000 bushels, to which should be added the estimated requirements of allies in their grain production for this year of 196,905,000, and when this is necessary for these countries to import in the next twelve months a total of 829,000,000 bushels; and Canada a surplus of 119,000,000 bushels or a total of 400,000,000 bushels.

Therefore, on the normal basis of consumption the total allied wheat import requirements are 577,000,000 bushels.

From our United States supply we must reserve a certain amount for neutrals from which we expect a surplus and our allies amount for war stocks and our allies amount to better protect our stocks next year than this last. There is, therefore, a deficit of 400,000,000 bushels in the amount necessary for normal consumption and necessary reserves.

While this situation is one of great difficulty and concern it must be met, and by elimination of waste and proper substitution on the part of the allied people and ourselves; in our word, by an effective administration of the available supply.

That the allied cereal needs Europe, mainly for its own use, import necessities of the allies on normal consumption basis are about 674,000,000, against a North American surplus of 150,000,000. The necessary imports of cereals will be met by the allied "carry over" will absorb all the margin. However upon the basis of our present crop prospects, we should be able to supply their requirements in cereals other than wheat.

The allies are isolated from these markets, other than Canada and the United States, on which they were accustomed to rely before the war. The Russian supply cannot be relied upon. Bulgarian and Romanian supplies are in the hands of the central empires. The voyage from Australia and India is three times as long as that from America, and the cost of shipping cereals from Australia and England to the front is high.

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